



**THE STORIES SPEAK THE TRUTH. THE STORIES CREATE HOPE. THE STORIES
CREATE HEALING.**

Hope and Healing with Peers will offer an **8 week “Loss of Spouse/Partner”** peer led Support Group for those who wish to continue on to the next level of their grief journey, feeling there is more to tell of their story. The groups will be facilitated by “peers” who have gone through an extensive training and who have also experienced the same loss. This will allow those who wish to continue to work through their grief, an opportunity to learn to adjust to an environment in which their loved one is missing. Essentially, the groups will be about moving forward from the feelings of loss and longing, and to readjust, allowing them to go on living without their loved one, while holding the memory of that person in their hearts.

Hope and Healing with Peers will offer the “Loss of Spouse/Partner peer led group starting on Wednesday, September 16, 2015 through November 4, 2015 from 6:00 p.m. to 7:30 p.m. in the Collins Room at the Ipswich Public Library. Pre-Registration is required with a small nominal fee of \$30.00 for supplies. For more information, please contact Patti Comeau-Simonson, 978-360-3903 or email at patricia@hopeandhealingpeers.com